

Burns, Oregon

August 29, 2016

ELDER'S BREAKFAST

The elders breakfast scheduled for September 2nd has been cancelled. Instead Social Services will purchase tickets for elders to attend the cattlemen's breakfast on September 10th before the parade. We did this last year and got positive feedback. If you would like a ticket you need to contact Lanette Humphrey at 541-589-1633. By Tuesday September 6th.

Michelle Bradach, Social Services

Happy Labor Day!!



ALL TRIBAL OFFICES WILL BE
CLOSED ON Monday, September 5,
2016. In observance of Labor Day

Burns Paiute Tribe

100 Pasigo St.

Burns, Or 97720

541.573.8016

TRIBAL COUNCIL CONTACT:

Charlotte Roderique-
Chairperson

541.573-5007/589-4293

Burns Police Tribal Police

Chief Carmen Smith

541.413.1419

Officer Frank Rivera

541.413.0382

Social Services Michelle

Bradach—Director/ICWA

541.573.8043 /

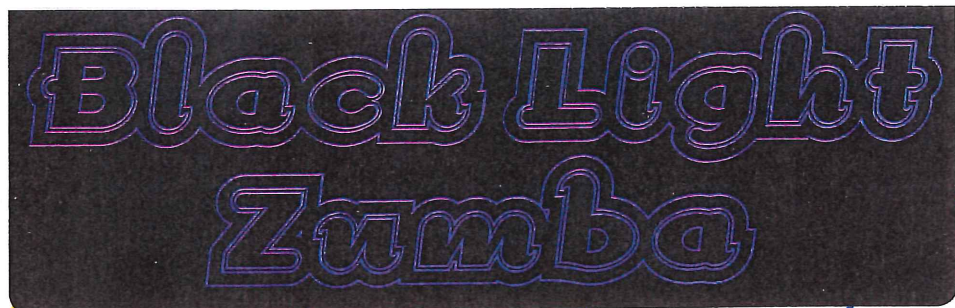
541.589.0171

Teresa Cowing— Domestic
Violence / Assault 541-
573-8053 / 541-413-0216

Police After hours:

Call Burns Dispatch

541.573.6028



Benefitting CAN Cancer of Harney County

Wednesday, Aug. 31 Burns High School

Register at 6 p.m.
Lights Out at 6:30 p.m.
\$10 per person - T-shirt included!
All proceeds go to local cancer
patients.
Remember to dress in white or
bright colors!

Sponsored by:



Burns Paiute
Tribe



**All Job descriptions are posted on the bulletin board at the
Administration Office**

Police Officer

Number of Positions: (1) one
Location: Burns, OR - Burns Paiute Reservation
Open: April 4th 2016
Closes: Open until filled
Salary: \$37,642 annually/DOE (Full Time)
Supervisor: Police Chief or appointed Personnel

Position Overview:

Investigates complaints and problems relating to the criminal and traffic enforcement on the Burns Paiute Tribe Indian Reservation works under a community oriented policing concept does related work as required

Community Health Nurse

Number of Positions: 1
Location: Burns, Oregon – Burns Paiute Reservation
Open: April 4, 2016
Closes: Open until filled
Starting Date: To be determined
Supervisor: Health Services Director
Salary: Full-Time Salary DOE

Position Summary: Under the supervision of the Health Services Director, the Community Health Nurse is an integral part of the Burns Paiute Tribe health program with primary emphasis in providing direct health care, prevention education, and maintaining quality health standards for the tribal community.

Cultural Anthropologist

Job Title: Cultural Anthropologist
Department: Culture & Heritage
Reports to: Culture & Heritage Director
FLSA Status: Full time
Opens: April 26th, 2016
Closes: Open until filled
Salary: Commensurate to GS9/11 DOE

SUMMARY OF MAJOR FUNCTION:

Oversees and coordinates cultural anthropological field work, literature searches, and subsequent report writing related to assigned project areas and topics. Provides applied cultural anthropological training to Tribal Research Technicians assisting with project tasks. Works within the parameters of assigned contract and grant budgets and deliverables and completes benchmarks for the same within allotted timeframes. Organizes and leads the research team to perform and document office, home, and in-field interviews related to research subject locations. Collaborates with Burns Paiute tribal community members to document oral history and tradition, as well as further document important historical to present day tribal practices.

Tribal Research Technician

Job Title: Tribal Research Technician (1)
Department: Culture & Heritage
Reports to: Culture & Heritage Director
FLSA Status: On-call/Seasonal
Opens: April 26th, 2016
Closes: Open until filled
Salary: Commensurate to G 4/5/7 DOE

SUMMARY:

Assists in anthropological field work, literature searches, and subsequent report writing related to assigned project areas and topics. Uses knowledge and experience gained in the workplace of cultural anthropological methods, and applies that knowledge and training in every day work assignments. Works closely with the Project Lead to effectively complete assigned task. Assists in the performance of documenting office, home, and in-field interviews related to research subject locations. Assists the project lead in collaborating with Burns Paiute tribal community members to document oral history and tradition, as well as further document important historical to present day tribal practices.

5

WAYS TO HELP YOUR CHILD START THE SCHOOL YEAR RIGHT:



Get your child to bed on time.



Get to know your child's teachers.



Pack a healthy lunch.



Prepare a comfortable study area at home.



Spend time reading together.

#BackToSchoolTips



After School Program @ Tu-Wa-Kii-Nobi 5-18yrs

August

September

Mark your Calendars

We are asking that parents or
Guardians

update Intake forms.

We need working Tel. #'s

We would like to thank all the
programs that have helped us
out with lunch for Tu-Wa-Kii
Nobi -We appreciate your help!

Kids are out of school for Fair.
Sept 7th

Middle School /High School
tutoring will be held at Tribal
Court 4:00-5:00-

Tutors Merissa and Spencer
are back.

Tu-Wa-Kii-Nobi Staff

Main # 541-573-1573

After School Program-

Elise Adams—Youth Services

Coordinator 541-573-1572

Anita Hawley Youth Service

Coordinator Asst. 541-589-2342

Rhonda Holtby-Parent/Educ.

Coordinator 541-413-0448

Scott Smirth-TAPP Coordina-
tor

After School Tutor

Fred Pelroy-

Monday August 29th

4:00-4:30—Welcome back kids- Tutor Starts today please bring a book to read if
no homework.

4:30-5:00— Free time playing games on computer and Board Games

5:00-6:00—Clean-up and take kids home.

Tuesday August 30th

4:00-4:30—After school tutor please bring a book to read if no homework.

4:30-5:00— Free time playing games on computer and Board Games

5:00-6:00—Clean-up and take kids home.

Wednesday August 31st

4:00-4:30—After school tutor please bring a book to read if no homework.

4:30-5:00— August Birthday Celebration

5:00-6:00—Clean-up and take kids home.

Thursday Sept.1st

4:00-4:30—After school tutor please bring a book to read if no homework.

4:30-5:00— Free time playing games on computer and Board Games

5:00-6:00—Clean-up and take kids home.

Friday Sept. 2nd

10:00-10:30-Free Time

10:30-11:00-Reading w/Ms. Lisa

1:00-2:00-Prevention Hour.

2:00-3:30-Good Behavior Award by Teresa, Play Games/Physical Activity

3:30-4:00-Clean-up and take kids home.

Please call if any questions

541-573-1572

Call if any questions Elise or Anita
541-573- 1572 or -1573





Drawing for Three iPads

For Kindergarten thru 12th grade students

Must have Good Grades and Attendance

This is the Tribal Attendance Pilot Project Incentive for First Trimester.

All Slater, Hines Middle School and Burns High School Native American Students are eligible.

Criteria:*

**All grades need to be passing.*

**Good Attendance, no unexcused absences.*

**No more than 3 tardies during first trimester.*

**No Discipline Referrals. (DR's)*

**One or more community involvement activities (ex. Clubs, school sports or community participation)*



Sponsored by the Burns Paiute Education Program.

Any questions please contact Scott Smyth at (541)573-8032.



MY FAVORITE CLASS IS LUNCH

Tick tock. Tick tock.
I'm counting the minutes down.
My tummy is a-rumbling,
With a loud and angry sound.

And then finally I hear it,
That beautiful, ringing chime.
I run to the cafeteria
To join friends for lunchtime.

But then I stop to remember
The first step of lunchtime plans,
I need to go to the bathroom
So that I can wash my hands.

Soap and warm water
Get rid of germs and disease;
I count to twenty when I scrub
Or I sing the ABC's.

I know my hands are clean
When they're covered in soapy suds,
Then I rinse and dry my hands,
And rush to meet my buds.



I open up my lunch box,
Chicken sandwich—I'm thrilled!
And Mom threw in two ice packs
To keep all my food chilled.

After lunch, my tummy's full.
I'm ready to go out and play.
But before going to the playground,
I throw my leftover food away.

I feel my nose start to tickle
When I'm playing with Jack and Sue.
I put my mouth into elbow
And let out a big ACHOO!

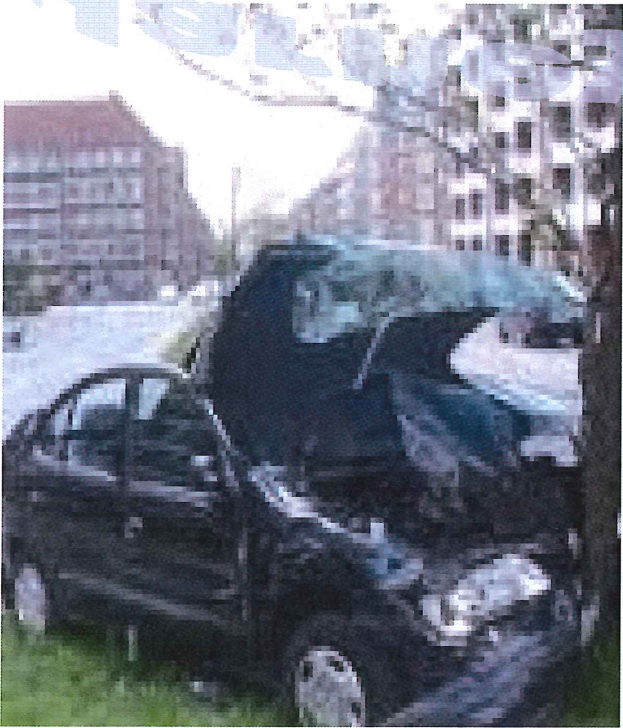
I wash my hands again
Before heading back inside.
I can't really see the germs,
But I know they like to hide.

Keeping my hands clean
During the day at school
Helps to keep me healthy
And being healthy is super cool!

Harney Co. Fair Please Don't Drink & Drive

BURNS PAIUTE TRIBE

ALCOHOL & DRUG PROGRAM



CARNIVAL

HOUSING AUTHORITY MEETING

September 14, 2016
6:00 pm
Housing Office



August 29, 2016

Contact Info

Office No.

541.573.2327

Office Fax No.

541.573.2328

Jody Hill,

Executive Director

Cellular

541.589.2022

Brenda Sam,

Housing Assistant

Cellular

541.589.2647

HOMEOWNERS!!

If you own a home on the reservation that is not part of the HUD Housing Program, please be aware that it is your responsibility to obtain home insurance. AMERIND Risk Management offers homeowners the ability to obtain home insurance at a reasonable price. If you have any questions please go to their web page at

www.amerindrisk.org or stop by the office and we will be willing to assist you in anyway we can.

For those homebuyers/tenants that are part of the HUD Housing Program this is a reminder that the Program only pays for the structure. It is your responsibility to obtain renters insurance. AMERIND Risk Management also offers renters insurance at a reasonable price.

Any questions, please stop by the office.

HOUSING AUTHORITY MEMBERS

Chairperson,

JoEllen SkunkCap

Vice-Chair,

Elisha Caponetto

Secretary-Treasure,

Phyllis Miller

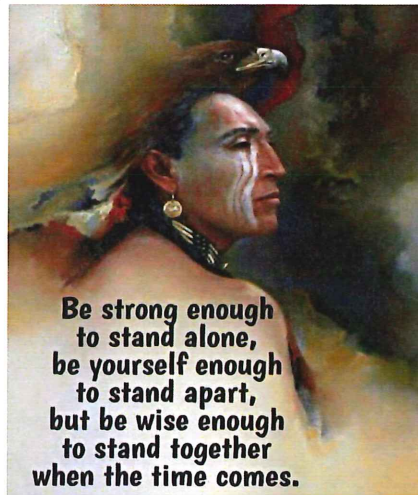
Members at Large

Andrew Beers

Vacant

OFFICE CLOSURE

The Housing Office will be closed on Monday, September 5, 2016, in observation of Labor Day.



The Housing Authority is currently accepting application for HUD housing. If you are interested in participating in this program please feel free to stop by the office and pick up an application or call the housing department at 541.573.2327 and we can mail you an application or if you have any questions.

WAITING LIST—AS OF AUGUST 25, 2016

APPLICANT	DATE COMPLETE	ADULTS	CHILDREN	
Taylor Kennedy	July 29, 2015	1 adult	0 child/ren	Complete
Desiree Sam	August 24, 2016	1 adult	2 child/ren	Complete

Per the Burns Paiute Housing Policy, "Applicants placed on the waiting list are required to respond to any update requests as a condition of remaining on the list and as a condition of admission." Request updates are mailed to the applicants last known address. The applicant is also responsible for informing the Housing Program if there are any changes in contact information, family composition and income change (increase/decrease).



Warning Signs

One form of abuse often turns into another in many cases; verbal abuse becomes physical abuse after a while. It may not seem like it at first, but the women/man may slowly begin to 'accidentally' push or bump the women/man or begin to sit down in the place the women/man usually sits, so that she has to move. If this behavior works for her/him, it may get worse until he/she becomes violent.

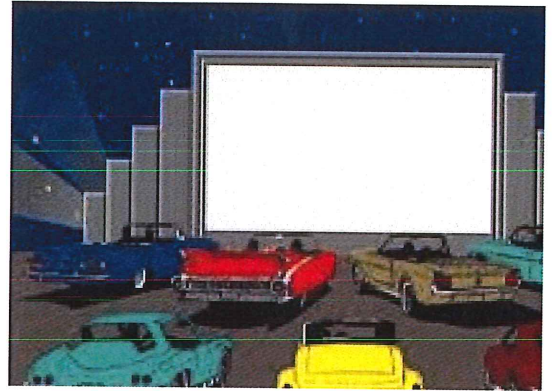
When an abusive relationship becomes violent, it is harder to leave. The longer a woman/man stays, the more control the man/women has over her/him, and the less faith she/he may have in herself/himself. Some women/men are more likely to become violent than others. There are certain signs that may mean a woman /man will become violent. If you see these signs, and have a way to get out of relationship, think carefully.

Ask yourself these questions:

- *Does he/she act jealous when you see other people, or accuse you of lying to him/her?*
- *Does he/she keep you from seeing your friends and family, or from doing things on your own?*
- *Does he/she claim that alcohol, drugs, or stress are the reasons he/she acts the way he/she does?*
- *Does he/she blame you or someone else for the way he/she acts, or denies he/she is doing anything wrong? He/she is less likely to want to change himself/herself if he/she thinks that the way he/she acts is your fault*

DV/SA Cell 541-413-0216

Drive in Movie Night



Thursday

September 15 @ 7pm

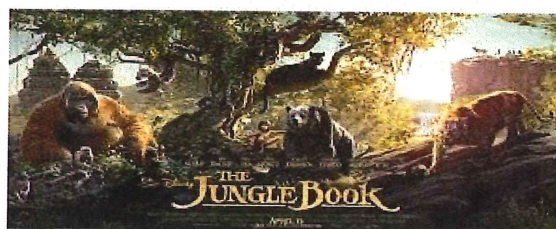
The Gathering Center

Free admission and popcorn

Great fun for the entire family!

Grab your car at the door, park in your favorite spot,
sit back, enjoy some popcorn and Disney's newest version
of the timeless classic

The Jungle Book



Sponsored by :
Mental Health and DV/SA





Physical activity is important for everyone, but how much you need depends on your age.

Adults (18-64 years)

Adults should do at least 2 hours and 30 minutes each week of aerobic physical activity at a moderate level OR 1 hour and 15 minutes each week of aerobic physical activity at a vigorous level. Being active 5 or more hours each week can provide even more health benefits. Spreading aerobic activity out over at least 3 days a week is best. Also, each activity should be done for at least 10 minutes at a time. Adults should also do strengthening activities, like push-ups, sit-ups and lifting weights, at least 2 days a week.



Children and adolescents (6-17 years)

Children and adolescents should do 60 minutes or more of physical activity each day. Most of the 60 minutes should be either moderate- or vigorous intensity aerobic physical activity, and should include vigorous-intensity physical activity at least 3 days a week. As part of their 60 or more minutes of daily physical activity, children and adolescents should include muscle-strengthening activities, like climbing, at least 3 days a week and bone-strengthening activities, like jumping, at least 3 days a week. Children and adolescents are often active in short bursts of time rather than for sustained periods of time, and these short bursts can add up to meet physical activity needs. Physical activities for children and adolescents should be developmentally appropriate, fun, and offer variety.

Young children (2-5 years)

There is not a specific recommendation for the number of minutes young children should be active each day. Children ages 2-5 years should play actively several times each day. Their activity may happen in short bursts of time and not be all at once. Physical activities for young children should be developmentally appropriate, fun, and offer variety.

Physical activity is generally safe for everyone. The health benefits you gain from being active are far greater than the chances of getting hurt. Here are some things you can do to stay safe while you are active:

- If you haven't been active in a while, start slowly and build up.
- Learn about the types and amounts of activity that are right for you.
- Choose activities that are appropriate for your fitness level.
- Build up the time you spend before switching to activities that take more effort.
- Use the right safety gear and sports equipment.
- Choose a safe place to do your activity.
- See a health care provider if you have a health problem.

ELDERS BREAKFAST

ELDERS, FOR SEPTEMBER

**WE WILL BE PURCHASING TICKETS FOR
THE CATTLE WOMENS BREAKFAST
THIS YEAR**

**IF YOU WOULD LIKE A TICKET PLEASE
CONTACT LANETTE AT **541-589-1633****

**NO LATER THAN
TUESDAY, SEPTEMBER 5TH**



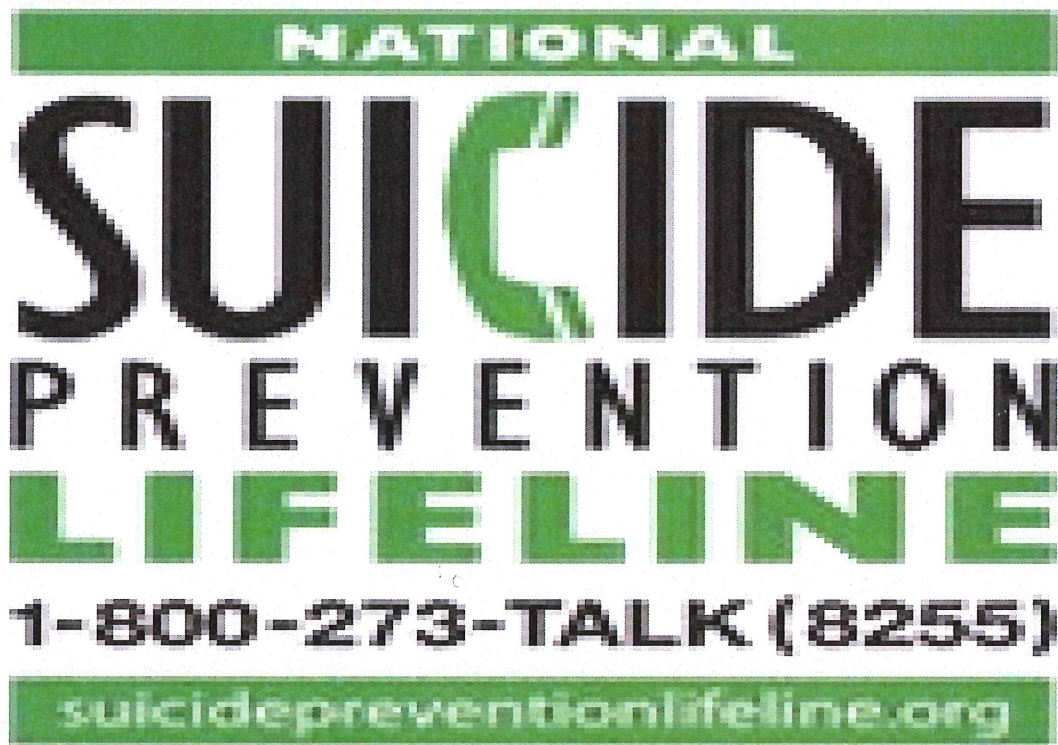
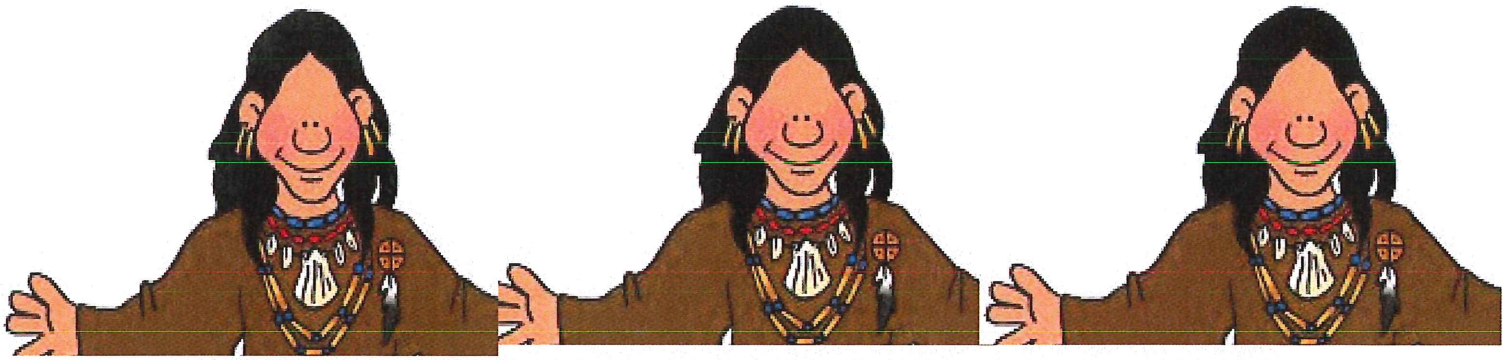
Would you please put these two announcements in the next Tu'Kwa Hone newsletter? Thank you. Marjorie Thelen

Harney County Democrats Meet on August 29, 7:00 PM, Hines City Hall

The newly formed precinct of Harney County Democrats will hold their second meeting on Monday, August 29th. We are actively seeking precinct committee people who will represent the Burns Paiute Tribe and help organize Democrats to get out the vote for this November's election. For more information call Marjorie Thelen, Chair, Harney County Democrats at 541-413-0958. Hope to see you at the meeting.

Jim Crary Town Hall Meeting in Hines

A town hall with the Democratic Candidate for the U.S. House of Representatives, Jim Crary, will be held at the Hines City Hall, from 7:00-8:30 PM on Thursday, September 8th, 2016. Everyone is invited to listen and to ask Jim questions. Jim is running against Greg Walden. In his campaign Jim speaks plainly and forthrightly on the issues; gives straight answers to questions; puts forth real solutions to issues; does not criticize unless he thinks he has a better idea; and wants to meet with you to hear what is important to you. Jim's positions are clearly stated on his website, www.crary16.com. If you are not able to make it to the Town Hall, you can contact Jim directly by either sending him an email at craryja16@gmail.com or by calling him at 541-531-2912. Local contact: Marjorie Thelen, Chair, Harney County Democrats, 541-413-0958.



For more information

Please contact:

Lanette Humphrey

Suicide Prevention Coordinator

541-573-8002

humphreyld@burnspaiute-nsn.gov



**STAND UP
SPEAK OUT
AND
TAKE
CONTROL
AGAINST
TOBACCO!**

**If you are a parent, teacher, youth
leader**

**Help prevent& stop
Commercial tobacco
In our community!**

**CALL
1-800-
QUIT- NOW**



**FOR MORE INFORMATION CONTACT
Lanette Humphrey
TOBACCO PREVENTION COORDINATOR
541-573-8002
Humphreyld@burnspaiute-nsn.gov**

Beverly A. Beers

From: Marjorie Thelen <marjoriethelen@gmail.com>
Sent: Thursday, August 25, 2016 9:10 AM
To: Beverly A. Beers
Subject: 2 announcements for the newsletter

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